

How can I start PrEP ?



PrEP can be prescribed only by a health care provider, so talk to yours to find out if PrEP is the right HIV prevention strategy for you. You must take PrEP daily for it to work. Also, you must take an HIV test before beginning PrEP to be sure you don't already have HIV and every 3 months while you're taking it, so you'll have to visit your healthcare provider for regular follow-ups.

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