

How long do I have to take prep before it is effective?



When taken every day, PrEP is safe and highly effective in preventing HIV infection. PrEP reaches maximum protection from HIV for **receptive anal sex** at about **7 days** of daily use. For **all other activities**, including insertive anal sex, vaginal sex, and injection drug use, PrEP reaches maximum protection at about **20 days** of daily use.

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