

What is PrEP ?



Pre-exposure prophylaxis, or PrEP, is a prevention option, a way for people who do not have HIV but who are at substantial risk of getting it to prevent HIV infection by taking a pill every day.

You take a pill every day by mouth. The pill (brand name Truvada) contains two medicines (tenofovir and emtricitabine) that are used in combination with other medicines to treat HIV. When someone is exposed to HIV through sex or injection drug use, these medicines can work to keep the virus from establishing a permanent infection.

The pill that was shown to be safe and to help block HIV infection is called “Truvada” (pronounced tru vá duh).

Truvada is a combination of two drugs (tenofovir and emtricitabine). If you take PrEP daily, the presence of the medicine in your bloodstream can often stop HIV from taking hold and spreading in your body

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